

NORTH LANCASHIRE SWIMMING AND WATER POLO ASSOCIATION

2022 LEVEL 2 MEET QUALIFYING TIMES

License No: 2NW221654 & 2NW221655

SHORT COURSE QUALIFYING TIMES

BOYS							
Age	10	11	12	13	14	15	16/Ov
EVENT							
50m Freestyle	43.00	42.00	38.00	35.50	34.50	33.50	33.50
100m Freestyle	1:29.00	1:24.50	1:17.50	1:14.00	1:11.00	1:08.00	1:08.00
200m Freestyle	3:20.00	3:03.00	2:50.00	2:38.00	2:32.00	2:26.00	2:26.00
400m Freestyle	6:54.00	6:17.00	5:50.00	5:31.00	5:15.00	5:06.50	5:06.50
800m Freestyle	No Event	11:38:00	11:38:00	11:10:00	10:50:00	10:30:00	10:20:00
1500m Freestyle	No Event	22:10.00	22:10.00	21:25.00	20:25.00	19:50:00	19:30:00
50m Breaststroke	54.50	52.50	48.00	44.00	43.00	40.50	40.50
100m Breaststroke	1:55.00	1:50.00	1:42.00	1:34.50	1:30.00	1:26.00	1:26.00
200m breaststroke	4:15.00	3:55.00	3:36.00	3:20.00	3:10.50	3.03.00	3.03.00
50m Butterfly	48.00	45.00	42.00	38.50	36.50	35.00	35.00
100m Butterfly	1:42.00	1:34.50	1:27.50	1:23.50	1:20.00	1:15.00	1:15.00
200m Butterfly	3:55.00	3:32.00	3:15.00	3:00.00	2:54.00	2:45.00	2:45.00
50m Backstroke	47.00	45.50	41.50	39.50	38.00	36.50	36.50
100m Backstroke	1:41.50	1:35.50	1:27.50	1:24.00	1:20.00	1:16.00	1:16.00
200m Backstroke	3:43.00	3:23.00	3:07.00	2:57.00	2.49.00	2:42.00	2:42.00
100m Ind. Medley	1:48.00	1.39.00	1:33.00	1:27.00	1:23.00	1:19.00	1:19.00
200m Ind. Medley	3:43.00	3:25.00	3:09.00	2:59.00	2:51.00	2:44.50	2:44.50
400m Ind. Medley	No Event	6:49.00	6:38.00	6:18.00	6:00.00	5:48.00	5:48.00

GIRLS							
Age	10	11	12	13	14	15	16/Ov
EVENT							
50m Freestyle	43.00	42.00	37.50	36.00	35.00	34.50	34.50
100m Freestyle	1:29.00	1:25.00	1:19.00	1:15.50	1:14.00	1:12.50	1:12.50
200m Freestyle	3:17.00	3:02.50	2:49.00	2:40.50	2:38.00	2:35.00	2:35.00
400m Freestyle	6:51.00	6:17.00	5:50.00	5:35.00	5:27.00	5:21.00	5:21.00
800m Freestyle	No Event	11:50.00	11:50.00	11:25.00	11:10.00	10:50.00	10:45.00
1500m Freestyle	No Event	22:30:00	22:30:00	21:45:00	21:00:00	20:30:00	20:00:00
50m Breaststroke	54.50	52.00	47.00	44.50	43.50	42.50	42.50
100m Breaststroke	1:55.00	1:48.50	1:40.00	1:36.00	1:34.00	1:33.00	1:33.00
200m Breaststroke	4:09.00	3:52.00	3:35.00	3:22.00	3:19.50	3.18.00	3.18.00
50m Butterfly	48.00	45.00	42.00	39.00	38.00	37.50	37.50
100m Butterfly	1:42.00	1:36.00	1:29.00	1:25.00	1:23.00	1:21.00	1:21.00
200m Butterfly	3:50.00	3:30.00	3:16.00	3:04.00	3:00.00	2:56.00	2:56.00
50m Backstroke	47.00	45.50	42.00	40.50	39.50	39.00	39.00
100m Backstroke	1:41.50	1:35.50	1:29.50	1:26.00	1:23.50	1:22.00	1:22.00
200m Backstroke	3:43.00	3:25.00	3:10.00	2:59.50	2.56.00	2:52.50	2:52.50
100m Ind. Medley	1:48.00	1.39.00	1:33.00	1:29.00	1:25.00	1:21.00	1:21.00
200m Ind. Medley	3:39.00	3:25.00	3:12.00	3:01.00	2:59.00	2:56.00	2:56.00
400m Ind. Medley	No Event	6:53.00	6:42.00	6:23.00	6:13.00	6:07.00	6:07.00

**All times must have been achieved between
1 September 2021 and 4 September 2022 from a licensed meet (Levels 1, 2, 3 or 4)**