

**NORTH LANCASHIRE SWIMMING AND WATER POLO ASSOCIATION**

**2023 LEVEL 2 MEET QUALIFYING TIMES**

**License No: 2NW231623 & 2NW231624**

**SHORT COURSE QUALIFYING TIMES**

<b>OPEN/MALE</b>								
<b>Age</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/Ov</b>
<b>EVENT</b>								
50m Freestyle	45.09	43.09	42.09	38.09	35.59	34.59	33.59	33.59
100m Freestyle	1:34.59	1:29.09	1:24.59	1:17.59	1:14.09	1:11.09	1:08.09	1:08.09
200m Freestyle	3:40.59	3:20.09	3:03.09	2:50.09	2:38.09	2:32.09	2:26.09	2:26.09
400m Freestyle	7:00.59	6:54.09	6:17.09	5:50.09	5:31.09	5:15.09	5:06.59	5:06.59
800m Freestyle	<b>No Event</b>	<b>No Event</b>	11:38:09	11:38:09	11:10:09	10:50:09	10:30:09	10:20:09
1500m Freestyle	<b>No Event</b>	<b>No Event</b>	22:10:09	22:10:09	21:25:09	20:25:09	19:50:09	19:30:09
50m Breaststroke	59.09	54.59	52.59	48.09	44.09	43.09	40.59	40.59
100m Breaststroke	1:59.59	1:55.09	1:50.09	1:42.09	1:34.59	1:30.09	1:26.09	1:26.09
200m Breaststroke	4:50.59	4:15.09	3:55.09	3:36.09	3:20.09	3:10.59	3:03.09	3:03.09
50m Butterfly	53.09	48.09	45.09	42.09	38.59	36.59	35.09	35.09
100m Butterfly	1:51.59	1:42.09	1:34.59	1:27.59	1:23.59	1:20.09	1:15.09	1:15.09
200m Butterfly	4:15.09	3:55.09	3:32.09	3:15.09	3:00.09	2:54.09	2:45.09	2:45.09
50m Backstroke	52.59	47.09	45.59	41.59	39.59	38.09	36.59	36.59
100m Backstroke	1:48.59	1:41.59	1:35.59	1:27.59	1:24.09	1:20.09	1:16.09	1:16.09
200m Backstroke	4:05.59	3:43.09	3:23.09	3:07.09	2:57.09	2:49.09	2:42.09	2:42.09
100m Ind. Medley	1:56.59	1:48.09	1:39.09	1:33.09	1:27.09	1:23.09	1:19.09	1:19.09
200m Ind. Medley	4:10.59	3:43.09	3:25.09	3:09.09	2:59.09	2:51.09	2:44.59	2:44.59
400m Ind. Medley	<b>No Event</b>	<b>No Event</b>	6:49.09	6:38.09	6:18.09	6:00.09	5:48.09	5:48.09

<b>FEMALE</b>								
<b>Age</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/Ov</b>
<b>EVENT</b>								
50m Freestyle	45.09	43.09	42.09	37.59	36.09	35.09	34.59	34.59
100m Freestyle	1:34.59	1:29.09	1:25.09	1:19.09	1:15.59	1:14.09	1:12.59	1:12.59
200m Freestyle	3:40.59	3:17.09	3:02.59	2:49.09	2:40.59	2:38.09	2:35.09	2:35.09
400m Freestyle	7:00.59	6:51.09	6:17.09	5:50.09	5:35.09	5:27.09	5:21.09	5:21.09
800m Freestyle	<b>No Event</b>	<b>No Event</b>	11:50:09	11:50:09	11:25:09	11:10:09	10:50:09	10:45:09
1500m Freestyle	<b>No Event</b>	<b>No Event</b>	22:30:09	22:30:09	21:45:09	21:00:09	20:30:09	20:00:09
50m Breaststroke	59.09	54.59	52.09	47.09	44.59	43.59	42.59	42.59
100m Breaststroke	1:59.59	1:55.09	1:48.59	1:40.09	1:36.09	1:34.09	1:33.09	1:33.09
200m Breaststroke	4:50.59	4:09.09	3:52.09	3:35.09	3:22.09	3:19.59	3:18.09	3:18.09
50m Butterfly	53.09	48.09	45.09	42.09	39.09	38.09	37.59	37.59
100m Butterfly	1:51.59	1:42.09	1:36.09	1:29.09	1:25.09	1:23.09	1:21.09	1:21.09
200m Butterfly	4:15.09	3:50.09	3:30.09	3:16.09	3:04.09	3:00.09	2:56.09	2:56.09
50m Backstroke	52.59	47.09	45.59	42.09	40.59	39.59	39.09	39.09
100m Backstroke	1:48.59	1:41.59	1:35.59	1:29.59	1:26.09	1:23.59	1:22.09	1:22.09
200m Backstroke	4:05.59	3:43.09	3:25.09	3:10.09	2:59.59	2:56.09	2:52.59	2:52.59
100m Ind. Medley	1:56.59	1:48.09	1:39.09	1:33.09	1:29.09	1:25.09	1:21.09	1:21.09
200m Ind. Medley	4:10.59	3:39.09	3:25.09	3:12.09	3:01.09	2:59.09	2:56.09	2:56.09
400m Ind. Medley	<b>No Event</b>	<b>No Event</b>	6:53.09	6:42.09	6:23.09	6:13.09	6:07.09	6:07.09

**All times must have been achieved between  
1 September 2022 and 3 September 2023 from a licensed meet (Levels 1, 2, 3 or 4)**