



CHORLEY MARLINS ENTRY FORM

CITY OF LEEDS CHRISTMAS CRACKER 2021

Friday 17th, Saturday 18th & Sunday 19th December 2021
Aquatic Centre, John Charles Centre for Sport Middleton Grove Leeds LS11 5DJ

SWIMMER'S NAME _____ MALE/FEMALE (PLEASE CIRCLE)

DATE OF BIRTH ___/___/___ AGE ON SUNDAY 19TH DECEMBER 2021 ___ SE NUMBER _____

SQUAD _____ PARENT/GUARDIAN CONTACT NUMBER _____

EMAIL ADDRESS _____

TIMES MUST BE SUBMITTED, ALL TIMES ENTERED SHOULD BE LONG COURSE TIMES

Please speak to coaching staff if times are required.

To convert short course times (25m pool) to long course (50m Pool) please go to

<https://www.pullbuoy.co.uk/times>

EVENT	TIME
50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
800m Freestyle	
1500m Freestyle	
50m Backstroke	
100m Backstroke	
200m Backstroke	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Butterfly	
100m Butterfly	
200m Butterfly	
200m IM	
400m IM	

No. of entries ___ @ £6.50 Per event = £ _____ + £2 per entry fee Total Payment _____

Payment now by BACS transfer only.

Barclays A/C – Chorley Marlins ASC Competition Account 73783138. Sort Code 20-69-85.

CLOSING DATE: FRIDAY 29th OCTOBER 2021.

City of Leeds S.C.
Christmas Cracker 2021

Upper Limit Times

Swimmers must **NOT** be faster than the times listed below.

LONG COURSE TIMES (short course converted will be accepted)

Events	Male							
	9	10	11	12	13	14	15	16/OV
50m Freestyle	00:32.37	00:32.37	00:31.00	00:28.39	00:26.27	00:25.31	00:24.76	00:23.30
100m Freestyle	01:11.92	01:11.92	01:06.43	01:02.47	00:59.31	00:55.82	00:54.27	00:50.80
200m Freestyle	02:39.57	02:39.57	02:19.42	02:13.55	02:08.36	02:01.86	01:57.53	01:52.00
400m Freestyle	05:36.00	05:36.00	04:50.98	04:47.84	04:29.81	04:11.96	04:08.18	03:59.80
800m Freestyle	10:40.00	10:40.00	10:37.76	09:32.63	09:20.60	09:16.75	08:47.20	08:36.09
1500m Freestyle	19:00.00	19:00.00	18:55.07	18:33.74	17:53.01	17:31.38	16:59.66	16:17.76
50m Backstroke	00:37.01	00:37.01	00:36.24	00:31.86	00:31.80	00:29.81	00:27.52	00:26.50
100m Backstroke	01:19.04	01:19.04	01:14.88	01:10.54	01:08.57	01:03.46	00:59.37	00:56.70
200m Backstroke	02:51.77	02:51.77	02:38.73	02:32.82	02:28.20	02:17.82	02:07.21	02:04.00
50m Breaststroke	00:43.66	00:43.66	00:39.43	00:36.46	00:32.77	00:32.21	00:31.17	00:29.50
100m Breaststroke	01:34.84	01:34.84	01:28.39	01:18.68	01:11.70	01:12.34	01:07.18	01:04.00
200m Breaststroke	03:15.05	03:15.05	03:07.24	02:50.52	02:35.50	02:34.14	02:27.12	02:20.50
50m Butterfly	00:34.71	00:34.71	00:33.60	00:31.42	00:29.00	00:26.73	00:26.13	00:25.40
100m Butterfly	01:18.85	01:18.85	01:14.35	01:11.05	01:01.72	00:58.80	00:58.54	00:55.90
200m Butterfly	02:59.44	02:59.44	02:40.86	02:34.16	02:19.17	02:07.48	02:06.00	02:05.60
200m Ind. Medley	02:53.40	02:53.40	02:40.97	02:35.65	02:19.33	02:19.00	02:12.40	02:06.20
400m Ind. Medley	06:00.00	06:00.00	05:38.93	05:21.35	04:56.98	04:41.35	04:37.44	04:31.50

LONG COURSE TIMES (short course converted will be accepted)

Events	Female							
	9	10	11	12	13	14	15	16/O
50m Freestyle	00:33.08	00:33.08	00:29.74	00:28.91	00:28.05	00:27.46	00:26.62	00:26.40
100m Freestyle	01:14.40	01:14.40	01:05.10	01:02.44	00:59.81	00:59.11	00:56.93	00:56.90
200m Freestyle	02:41.97	02:41.97	02:18.22	02:13.91	02:05.12	02:04.58	02:03.14	02:02.60
400m Freestyle	05:40.67	05:40.67	05:06.38	04:37.87	04:30.21	04:29.84	04:20.75	04:20.00
800m Freestyle	10:40.00	10:40.00	10:37.76	09:32.63	09:20.60	09:16.75	08:47.20	08:36.09
1500m Freestyle	19:00.00	19:00.00	18:55.07	18:33.74	17:53.01	17:31.38	16:59.66	16:17.76
50m Backstroke	00:38.90	00:38.90	00:35.81	00:32.98	00:31.64	00:30.46	00:29.54	00:29.40
100m Backstroke	01:23.32	01:23.32	01:15.63	01:08.57	01:05.38	01:04.09	01:04.00	01:02.30
200m Backstroke	02:51.86	02:51.86	02:38.81	02:29.79	02:16.64	02:16.00	02:14.78	02:14.70
50m Breaststroke	00:42.25	00:42.25	00:37.17	00:36.50	00:36.12	00:33.81	00:33.80	00:33.50
100m Breaststroke	01:34.74	01:34.74	01:21.06	01:18.56	01:17.11	01:14.94	01:14.70	01:12.10
200m Breaststroke	03:22.01	03:22.01	02:54.89	02:47.39	02:44.50	02:41.75	02:41.31	02:35.00
50m Butterfly	00:37.08	00:37.08	00:33.42	00:31.21	00:30.20	00:29.38	00:29.00	00:28.30
100m Butterfly	01:26.22	01:26.22	01:16.92	01:08.94	01:04.57	01:04.04	01:02.58	01:02.30
200m Butterfly	03:23.14	03:23.14	02:58.90	02:29.98	02:25.92	02:25.87	02:24.20	02:18.50
200m Ind. Medley	03:04.03	03:04.03	02:41.29	02:33.20	02:20.49	02:20.98	02:15.69	02:18.40
400m Ind. Medley	06:37.45	06:37.45	05:53.17	05:18.87	05:00.62	04:59.25	04:58.79	04:53.80

PLEASE ENSURE TIMES ARE INCLUDED ON YOUR ENTRY FORM, ENTRIES CANNOT BE SUBMITTED WITHOUT A CURRENT TIME.

PLEASE SPEAK TO COACHING STAFF IF TIMES ARE REQUIRED.

SHORT COURSE TIMES CAN BE CONVERTED TO LONG COURSE BY USING THE TIME CONVERTER FOUND AT

<https://www.pullbuoy.co.uk/times>