City of Sheffield Swim Squad

SUMMER MEET 2022

Programme of Events

		Session 1	Saturday 16 th Jul	У	Warm Up 7.55	Sam Start 9.00am
Event No	101	400m I.M		Girls	9, 10, 11, 12, 1	.3/14, 15/Over
	102	200m I.M		Boys	9, 10, 11, 12, 13/14, 15/Over	
	103 100m Backstrok		stroke	, Girls	9, 10, 11, 12, 13/14, 15/Over	
	104	•		Boys	9, 10, 11, 12, 1	• •
	105			Girls	9, 10, 11, 12, 1	
	106			Boys	9, 10, 11, 12, 1	.3/14, 15/Over
	107			Girls	9, 10, 11, 12, 1	.3/14, 15/Over
108		50m Backstroke		Boys	9, 10, 11, 12, 1	.3/14, 15/Over
		Session 2	Saturday 16th Ju	ıly	Warm Up TBC	Start TBC
Event No	201	200m Freestyle		Girls	9, 10, 11, 12, 13/14, 15/Over	
	202	400m Freestyle		Boys	9, 10, 11, 12, 13/14, 15/Over	
	203	100m Butte	erfly	Girls	9, 10, 11, 12, 1	.3/14, 15/Over
	204	100m Breaststroke		Boys	9, 10, 11, 12, 13/14, 15/Over	
	205	200m Backstroke		Girls	9, 10, 11, 12, 13/14, 15/Over	
	206	50m Butter	•	Boys	9, 10, 11, 12, 1	
	207	50m Breast	stroke	Girls	9, 10, 11, 12, 1	.3/14, 15/Over
		Session 3	Sunday 17th July	,	Warm Up 7.55	am Start 9.00 am
Event No	301	Session 3	Sunday 17th July	, Boys	Warm Up 7.55	
Event No	301 302		Sunday 17th July		•	.3/14, 15/Over
Event No		400m I.M	, ,	Boys	9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over
Event No	302	400m I.M 200m I.M	stroke	Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over .3/14, 15/Over
Event No	302 303	400m I.M 200m I.M 100m Backs	stroke style	Boys Girls Boys	9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over
Event No	302 303 304	400m I.M 200m I.M 100m Backs 100m Frees	stroke style ststroke	Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over
Event No	302 303 304 305	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas	stroke style ststroke erfly	Boys Girls Boys Girls Boys	9, 10, 11, 12, 1 9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over
Event No	302 303 304 305 306	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte	stroke style ststroke erfly yle	Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over
Event No	302 303 304 305 306 307	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte 50m Freest	stroke style ststroke erfly yle	Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1	.3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over .3/14, 15/Over
Event No	302 303 304 305 306 307	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte 50m Freest 50m Backst	stroke style ststroke erfly yle roke Sunday 17th July	Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1	3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over
	302 303 304 305 306 307 308	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte 50m Freest 50m Backst	stroke style ststroke erfly yle roke Sunday 17th July	Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1 Warm Up TBC	3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over Start TBC
	302 303 304 305 306 307 308	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte 50m Freest 50m Backst	stroke style ststroke erfly yle roke Sunday 17th Jul e	Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1 Warm Up TBC	3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over 3/14, 15/Over Start TBC
	302 303 304 305 306 307 308 401 402	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte 50m Freest 50m Backst Session 4 200m Frees 400m Frees	stroke style ststroke erfly yle roke Sunday 17th July style style	Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1 Warm Up TBC	3/14, 15/Over 3/14, 15/Over
	302 303 304 305 306 307 308 401 402 403	400m I.M 200m I.M 100m Backs 100m Frees 200m Breas 200m Butte 50m Freest 50m Backst Session 4 200m Frees 400m Frees 100m Butte	stroke style ststroke erfly yle roke Sunday 17th July style erfly ststroke	Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1 Warm Up TBC 9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1	3/14, 15/Over 3/14, 15/Over
	302 303 304 305 306 307 308 401 402 403 404	400m I.M 200m I.M 100m Backs 100m Frees 200m Butte 50m Freest 50m Backst Session 4 200m Frees 400m Frees 100m Butte 100m Brees	stroke style ststroke erfly yle roke Sunday 17th July style erfly ststroke stroke	Boys Girls Boys Girls Boys Girls Boys Girls Boys Girls	9, 10, 11, 12, 1 9, 10, 11, 12, 1 Warm Up TBC 9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1 9, 10, 11, 12, 1	3/14, 15/Over 3/14, 15/Over



