

Burnley Bobcats Racing for Regionals 2022

Warm Up Schedule

Sat 5th Mar - Session 1 - Boys – Group A – warm up from 7.40 am to 7.55 am
 Sat 5th Mar - Session 1 - Boys – Group B – warm up from 7.55 am to 8.10 am
 Sat 5th Mar - Session 1 - Girls – Group C – warm up from 8.10 am to 8.25 am
 Sat 5th Mar - Session 1 - Girls – Group D – warm up from 8.25 am to 8.40 am
 Sat 5th Mar - Session 1 - Girls – Group E – warm up from 8.40 am to 8.55 am

Sat 5th Mar - Session 2 - Girls – Group D – warm up from 12.40 pm to 12.55 pm
 Sat 5th Mar - Session 2 - Girls – Group E – warm up from 12.55 pm to 1.10 pm
 Sat 5th Mar - Session 2 - Girls – Group C – warm up from 1.10 pm to 1.25 pm
 Sat 5th Mar - Session 2 - Boys – Group B – warm up from 1.25 pm to 1.40 pm
 Sat 5th Mar - Session 2 - Boys – Group A – warm up from 1.40 pm to 1.55 pm

Sun 6th Mar - Session 3 - Girls – Group E – warm up from 7.40 am to 7.55 am
 Sun 6th Mar - Session 3 - Girls – Group C – warm up from 7.55 am to 8.10 am
 Sun 6th Mar - Session 3 - Girls – Group D – warm up from 8.10 am to 8.25 am
 Sun 6th Mar - Session 3 - Boys – Group A – warm up from 8.25 am to 8.40 am
 Sun 6th Mar - Session 3 - Boys – Group B – warm up from 8.40 am to 8.55 am

Sun 6th Mar - Session 4 - Boys – Group B – warm up from 12.40 pm to 12.55 pm
 Sun 6th Mar - Session 4 - Boys – Group A – warm up from 12.55 pm to 1.10 pm
 Sun 6th Mar - Session 4 - Girls – Group C – warm up from 1.10 pm to 1.25 pm
 Sun 6th Mar - Session 4 - Girls – Group D – warm up from 1.25 pm to 1.40 pm
 Sun 6th Mar - Session 4 - Girls – Group E – warm up from 1.40 pm to 1.55 pm

For All Sessions the Lanes 1 – 4 are to be available only to swimmers 12 years and under

At some stage in each warm up sprint lanes will be made available
 Coaches – Please supervise your swimmers during the warm ups

Group A - Boys	Group B - Boys	Group C - Girls	Group D - Girls	Group E - Girls
Aquabears	Fleetwood	Aquabears	Bury & Elton	Pioneer 79
Blackburn	Flixton	Bingley	Carlisle Aq	Ramsbottom
Blackpool Aq	Garstang	Blackburn	Chorley Marl	Southport
Bolton Metro	Gt Harwood	Blackpool Aq	Clitheroe	Stretford
Burnley Bobcats	Halton	Bolton Metro	Co Liverpool	Trafford Met
Bury & Elton	Lancaster	Burnley Bobcats	Co Salford	Wigan BEST
Chorley Marl	Oldham Aqua		Fleetwood	Winsford
Clitheroe	Ormskirk		Flixton	
Co Salford	Pioneer 79		Garstang	
	Ramsbottom		Gt Harwood	
	Southport		Halton	
	Stockport Mo		Lancaster	
	Stretford		Oldham Aqua	
	Trafford Met			
	Wigan BEST			
	Winsford			

18th February 2022